

BROOKLYN BRAZILIAN JIU-JITSU

**SUMMER
SCHEDULE
STARTS
JUNE 1ST**

7603 13th Avenue, Brooklyn NY
(718) 331-5487
www.brooklynbjj.com

SUMMER SCHEDULE 2010

EFFECTIVE JUNE 2010

Mon	Tue	Wed	Thu	Fri
JUNIORS BASIC PROGRAM 5:00 – 5:45 PM	JUNIORS ORANGE BELT PROGRAM 5:15 – 6:00 PM	JUNIORS BASIC PROGRAM 5:00 – 5:45 PM	JUNIORS ORANGE BELT PROGRAM 5:15 – 6:00 PM	JUNIORS BASIC CLASS 5:00 – 5:45 PM ORANGE BELT RANDORI 5:45 – 6:30 PM
ADULT ADVANCED PROGRAM GI 6:00 – 7:00 PM	ADULT ADVANCED PROGRAM RANDORI 6:00 – 7:00 PM	ADULT ADVANCED PROGRAM NO GI 6:00 – 7:00 PM	ADULT ADVANCED PROGRAM RANDORI 6:00 – 7:00 PM	ADULT ADVANCED PROGRAM NO GI 6:30 – 7:30 PM
ADULT ADVANCED PROGRAM RANDORI 7:00 – 8:00 PM	ADULT BASIC PROGRAM 7:00 – 8:00 PM	ADULT ALL LEVELS SELF-DEFENSE 7:00 – 8:00 PM	ADULT BASIC PROGRAM 7:00 – 8:00 PM	ADULT ADVANCED PROGRAM NO GI RANDORI 7:30 – 8:30 PM
ADULT BASIC PROGRAM 8:00 – 9:00 PM	ADULT ADVANCED PROGRAM GI 8:00 – 9:00 PM	ADULT ADVANCED PROGRAM STRIKING 8:00 – 9:00 PM	ADULT ADVANCED PROGRAM GI 8:00 – 9:00 PM	ADULT BASIC PROGRAM 8:30 – 9:30 PM

Students must wear a full gi (or uniform) to all classes unless otherwise indicated.

Randori , Striking & No Gi classes are available only to students enrolled in the Advanced Training Program.
ALL BASIC STUDENTS MAY WEAR ONLY WHITE GIS. ADVANCED STUDENTS MAY WEAR WHITE GIS OR BLUE GIS ONLY.

The Basic Program is for beginners only, and is designed to prepare students for the Advanced Program.
The Advanced Program is designed for those students who have made the decision to pursue their Black Belt in Jiu-Jitsu.